



1 to 1 Coaching Skills

Delegate Comments

Here are some of the comments from SpRs we helped:

- “Result: Got the job”
- “Can’t thank you enough—the coaching really helped”
- “Many thanks for all your help. You really changed my whole approach to getting the job, everything that I did was so much more positive. I really learned how to sell myself”
- “I did it!!!!!!”

Challenge

Preparing for the all important interview for a position as a Consultant can seem a bit daunting. What should I expect? What else can I do to prepare myself correctly? What happens if I don’t get the job?

Solution

Inspire Change have mastered the art of coaching SpRs to correctly prepare themselves for their preferred position. Since our inception we have taken over 150 Junior Doctors through the programme, to equip them correctly and ensure they are head and shoulders above the rest.

Results

Not everyone is successful first time, but of the SpRs we have coached we can claim a **93%** success rate. Here’s what one of our successful candidates had to say about this service:

“Suddenly all the exams and training are over. You face your first ever Consultant interview and for the first time in your professional career your clinical skills and your knowledge seems to count for nothing. The playing field is utterly level at that point, as every candidate has met those criteria. Inspire Change shows you how to differentiate yourself from other candidates in a way that is unfamiliar to the medically trained. It seems so obvious once started, but to actually do it requires such a change in mindset that the stimulus of the course was invaluable to me. Nothing awoke me to the need for better preparation than the sweaty palms inspired by the mock interview panel. The skills I gained have enabled me to be more effective as a consultant and to approach the minefield of the NHS more positively and creatively and with the end firmly in mind – enjoy the job and provide good care for your patients.”

Numbers

1

Time

Flexible
3 days

Training Style

1 to 1
Mock
Interview

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